



NCJA Breakfast Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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Main Plate

Scrambled Eggs				
Bacon	Bacon	Bacon	Bacon	Bacon
Sausage	Sausage	Sausage	Sausage	Sausage
Hash browns				
Biscuits & Gravy				
Breakfast Casserole				

Live Well

Boiled Eggs				
Turkey Sausage				
Fresh Cut Fruit				

Day Breakers

Pancakes	Pancakes	Pancakes	Pancakes	Pancakes
Waffles	Waffles	Waffles	Waffles	Waffles
Danish ,Muffins				
Bread & Bagel Bar				

du Jour

Oatmeal Bar				
Creamy Stone Mill Grits				
Cold Cereal Selections				

green scene farm to table fare

Yogurt & Fruit Bar				
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Menu Subject to Change



NCJA Lunch Menu



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY



Main Plate

Beef & Potatoes Stew	Fried Catfish Nuggets	Fried Chicken	Pulled Pork Sandwiches	Fish Fry Beer Battered Cod/Breaded Shrimp
Steamed Rice	Potatoes O'Brien	Baked Macaroni & Cheese	BBQ Beef Ribs	Waffle Fries/Calamari Strips
Sweet Peas	Mixed Vegetables	Steamed Cabbage	Scalloped Potatoes/ Corn on the Cob	Broiled Crab Cakes
Corn Bread	Hush Puppies	Corn Bread	Corn Bread	Hush Puppies

Blueberry Dumpling	Mixed Berry Cobbler	Peach Cobbler	Apple Cobbler	Cherry Crisp
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Lemon Peppered Broiled Fish	Turkey Meatloaf	Baked Chicken	Grilled Mango Salmon	Meatless Baked Pasta
Garlic Orzo	Parsley Potatoes	Rice Pilaf	Brown Rice	
Tomatoes & Okra	Savory Green Beans	Tomatoes & Okra	Parmesan Cut Asparagus	Squash Medley



Assorted Deli Cuts	Assorted Deli Cuts	Assorted Deli Cuts	Assorted Deli Cuts	Assorted Deli Cuts
Tuna Salad	Tuna Salad	Tuna Salad	Tuna Salad	Tuna Salad
Sicilian Pasta Salad	Sicilian Pasta Salad	Baked Potato Salad	Baked Potato Salad	Baked Potato Salad
Potato Salad	Potato Salad	Macaroni Salad	Macaroni Salad	Macaroni Salad



Beef & Onions Sub	Grilled Cheese	Western Burger	Breaded Chicken Club	Salmon Burger W/ Grilled Onions
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Beef Empanada	Closed	Chicken Fajitas	Closed	Taco Salads
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Broccoli & Cheddar Soup	Tomato Soup	Bean & Ham Soup	Cream of Potato Soup	Seafood Chowder Soup
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Seasonal Fruit and Salad Bar Selections				
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Menu Subject to Change



NCJA Dinner Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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Main Plate

Parmesan Crusted Pork Loin Chops	Jamaican Jerk Chicken	Meat Lasagna	Fried Pork Chops
Broccoli & Cheese Rice	Red Bean & Rice		Mushroom Rissoto
Zucchini & Tomato	Sauteed Spicy Cabbage	Italian Mixed vegetables	Collards W/ Smoked Turkey
Rolls	Rolls	Garlic bread	Cornbread Muffins
Chefs Choice	Chefs Choice	Chefs Choice	Chefs Choice



Stuffed Cabbage	Tuna Casserole	Stuffed Flounder	Turkey, Cheese & Noodle Bake
Orzo & Marinara		Creamy Rice Pilaf	
	Peas & Carrots	Sauteed Yellow Squash	Creamy Vegetable Medley



Tuna Salad Sicilian Pasta Salad Potato Salad			
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Beef & Onions Sub	Grilled Cheese	Western Burger	Breaded Chicken Club
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Closed	Closed	Closed	Closed
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Seasonal Fruit and Salad Bar Selections			
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